

Lesson 10: Conflict Engagement

Handout 1: How I Respond to Conflict

	OFTEN	SOMETIMES	NEVER
Yell back or threaten the person			
Avoid or ignore the person			
Change the subject			
Tell an adult			
Call the other person names			
Let the person have their way			
Try to reach a compromise			
Let an adult decide who is right			
Explore ways we could agree			
Apologize			
Find humor in the situation, make it a joke			
Pretend I'm not upset, or my feelings are not hurt			